



Updates in person-centred care

In case you missed it: updates in person-centred care this month.

1

With a person-centred approach, assistive technology can bring support and peace of mind to people affected by dementia.

[Alzheimer's Society has announced](#) a new £20 million research centre focusing on innovations that will help to create dementia-friendly homes. Through a range of approaches – from artificial intelligence that alerts people to safety risks to sleep monitoring – the centre hopes to enable people living with dementia to live in their own homes for as long as possible.

2

Homelessness support staff need to tailor their responses to meet the needs of autistic people.

In response to research suggesting autistic people may be at higher risk of homelessness, a group of charities has produced [good practice guidance](#) that helps homelessness teams improve their support to people who are, or may be, autistic. The guidance was co-produced with people who have experienced homelessness.

A holistic approach can support good mental health in prison.

3

[A new report from Clinks](#) looks at how a holistic approach can support good mental health in prison. It sets out key principles for developing a holistic approach, which include responding to individuals' needs, providing continuity of care throughout a prison sentence, and creating a culture of wellbeing. It also highlights the vital role of the voluntary sector in supporting a 'whole prison' approach.

4

Cancer patients value it when GPs are continuously involved in their treatment.

A [new review](#) shows that patients undergoing curative cancer treatment value it when their GP is involved in interventions like chemotherapy and hormone therapy. This is possibly because GPs generally have a longstanding and personal relationship with their patients, and patients do not want siloed care.

5

Public services can better support women's mental health by being more trauma-informed.

[A resource](#) published by the Centre for Mental Health and the Mental Health Foundation advises public services on how they can be more trauma-informed. This includes by listening to and valuing women's stories, creating safe spaces to talk, showing an understanding of the traumas women have experienced, and by responding to their needs without creating new traumas.

6

Greater Manchester is aiming to be the first 'autism friendly' city-region in the country.

A [new autism-friendly strategy](#) sets out four key areas for improvement to make sure autistic people stay healthy and receive the support they need. The strategy has been produced through close collaboration with autistic people and their families, as well as the Greater Manchester Autism Consortium, and it focuses on what

matters to them.



NHS England has published a series of videos showing how it will implement personalised care for all.

NHS England has published a series of videos promoting the 21 'actions' it will take to implement personalised care nationally. Our Chief Executive Charlotte Augst [took part in the series](#) and shared how National Voices will support NHS England to work with voluntary sector partners to deliver the [Universal Model of Personalised Care](#).



Person and community-centred approaches can be embedded in care homes to provide more holistic support for older people.

Community Circles, with support from Skills for Care, has developed a [free practical e-resource](#) for people interested in helping care homes become more person and community-centred. At the core of the approach is using connections to others to help people achieve a purpose that is important to them.

From the blog

Shifting the culture of care

Don Redding, Director of Policy at National Voices, [talks about the what he's learned](#) from visiting primary care network sites, and their potential to deliver person-centred, coordinated care in the community.

Meaningful engagement: how do you get it right?

Patient engagement advocate [Linda Partridge shares her insight](#) into what makes engagement and involvement with parents successful.

What matters for people with mental health problems?

Ben Collins, Projects Director at The King's Fund, [argues that healthcare professionals need to focus on the individual](#), not just the condition when it

comes to mental health.

Catering with care

[Dietitian Heather Russell explains](#) the benefits of vegan-friendly catering in relation to person-centred care, nutrition, inclusivity and sustainability.

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