



Hello, 2020!

Happy new year and welcome to our first newsletter of 2020.

I'm delighted to report that we've really hit the ground running with some exciting work for this year. We're continuing with all of our programmes and have started planning for 2020/21. There are updates on a number of our programmes including the Emergency Laparotomy Collaborative, COPD discharge bundle and Deterioration.

We'd be very happy to hear from you if you have any comments or questions as our work progresses.

Here's to a happy and healthy new year and we look forward to working with you to improve patient safety in 2020.

**Caroline Angel, Director – Patient Safety
Eastern Patient Safety Collaborative (PSC)**

News

Long Term Ventilation (LTV) tracheostomy event

As part of our Deterioration workstream, our Deterioration Clinical Lead is running the second LTV tracheostomy networking event in February 2020.

The LTV event is designed to bring together front-line staff from all care sectors across Norfolk & Waveney sustainability and transformation partnership (STP). It will allow staff from across acute and primary care, as well as community and emergency responders, to join patients and relatives to learn from each other, sharing best practice and policy.

The event will include sessions on quality improvement methodologies and techniques, how to add value to service improvement, as well as clinical skills and human factors workshops.

LAUNCH: 'Obs in a box'

Supported by the Clinical Commissioning Group (CCG) leads for quality and tele-health, 'Obs in a box' was launched this month in Walsham Grange residential home. This training programme focuses on how to recognise soft signs of deterioration, take vital signs, calculate a National Early Warning Score (NEWS2) and record on an electronic [Whzan](#) tele-health kit. Care workers can then escalate appropriately, such as to GP, NHS 111 or 999, using a structured communication technique (SBAR: Situation-Background-Assessment-Recommendation).

This training will enable staff to communicate essential information about their patient to the responders who must make serious decisions about on-going care, or whether a patient needs hospitalisation. Importantly, this work keeps the patient at the heart of the conversation, enabling them to remain in the place of their choice for as long as possible and relieving them of unwanted or unnecessary hospital admissions.

Harold (visiting Pets As Therapy (PAT) dog) has been visiting the residents, as Tara Marshall, our Clinical Lead Deterioration, has been helping staff with the technical skills of taking observations. Thanks for your help Harold!

UPDATE: Adoption and spread projects

Emergency Laparotomy Collaborative

Regional emergency laparotomy peer reviews will be underway during February and March, leading up to our fourth breakthrough learning event, being held at Newmarket on 24 March.

Lister, Peterborough City and Hinchingsbrooke hospitals have been funded through the Emergency Laparotomy Collaborative to undertake quality improvement projects to improve case ascertainment. These projects will commence this month.

Congratulations to Addenbrooke's Hospital for getting a mention in the [5th Patient Report](#) of the National Emergency Laparotomy Audit. Their risk-adjusted 30-day mortality rate of 5.1% (for December 2017–November 2018), put them among the six hospitals with the best outcomes in England and Wales. Well done Addenbrooke's Hospital.

COPD discharge bundle

We are excited to be starting a quality improvement project with Norfolk and Norwich University Hospitals NHS Foundation Trust this month. The project will improve the number of patients being seen by the respiratory team, delivering a COPD discharge bundle to patients.

The AHSN developed a COPD discharge dashboard, which is used to monitor the trust's National Asthma and COPD Audit Programme data. Through quick and simple data reviews, respiratory nurses have been able to identify areas within the COPD discharge bundle that they can improve, to support more patients with this condition.

Resources and opportunities



READ: Quality improvement in general practice

There is growing recognition of the importance of quality improvement in general practice. But what is the extent of knowledge and usage of quality improvement tools and approaches across the UK, and how can a culture of improvement be embedded?

Read the Health Foundation report here, which explores the level of quality improvement awareness, appetite and activity in general practice across the UK.

[Download the full report here >>](#)

APPLY: RCGP seeks collaborative projects to improve patient care

Would you like to start a new programme or project of work to improve patient care with the Royal College of GPs (RCGP)?

This year, the RCGP's Clinical Innovation and Research Centre (CIRC) seek to work in collaboration with GPs, patients, charities and external partners to advance primary care. It is a fantastic opportunity to secure funding for your project and work with the experience of the RCGP's teams and networks.

[Find out more information and apply >>](#)



ATTEND: Webinars on quality improvement

Healthcare Improvement Scotland has an exciting lineup of monthly WebEx sessions, presented by an exceptional global faculty.

The next session is on Tuesday 25 February, with Trish Greenhalgh, Professor of Primary Care Health Sciences and Fellow of Green Templeton College, University of Oxford.

[Register here >>](#)

Thoughts and views

[@CambRecruitment](#)

20 January 2020

[@EasternAHSN](#) are looking for a Non Executive Director. If you have worked in data science and are looking to use your skills to help the NHS deliver innovations and make a real difference to patients lives then take a look <http://ow.ly/UxS150xXQwt> [#cambridgejobs](#) [#datascience](#)

[@EasternAHSN](#)

08 January 2020

Meet Harold, our office therapy dog, eagerly learning all about the value of technology for clinical skills. [#ConcentrationFace](#)

[@EasternAHSN](#)

28 December 2019

Did you know? We trained over 200 frontline and operational staff from our region in quality improvement in 2019.

Find out more about the Patient Safety Collaborative at <https://eahsn.org/our-work/impro...> [@NatPatSIP](#)

Connect and share

If you would like to suggest a story for the next newsletter or provide feedback please contact improvement@eahsn.org.



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Our mailing address is:
Unit C, Magog Court, Shelford Bottom, Cambridge, CB22 3AD

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