



# East of England Citizens' Senate

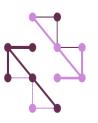
# Citizens' Senate meeting no 30 27th Apr 2021

Presenter: Trevor Fernandes

Moderator: Szara Coote



# Quote for the day



I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel

Maya Angelou



# Agenda



#### East of England Citizens' Senate

#### Agenda

**11.00 - Welcome & intro**. Re-enforce our purpose. Introduce new members

**11.10** - **Innovation** How do we support the NIA innovation Fellows? Should we have dedicated meetings? 2021/2022 NIA approved innovations ready for adoption/spread

11.30 - East of England Ambulance Service Trust - Luke Squibb, Head of Operations & Jemma Varela will be sharing their experience of front-line services during the pandemic. How staff coped and managed demand. What impact of long Covid in the coming months?

12.00 - Break (10 mins)

12.10 - Engaging with the system - ICS proposals for new Healthcare Partnerships & timescales

12.30 - Finish



# Our purpose





- Extend the citizen voice in the East of England Health programmes, projects and services, applying the principles of Coalition for Collaborative Care - C4CC
- Champion public accountability

13H relates to involving patients in decisions about their own care

13Q relates to involving patients in planning/developing services

**14Z2** (CCGs) Duty to make arrangements for public involvement in commissioning



# **NHS Innovation Accelerator**





- ❖ Accelerated Access Review 2015
- ❖ NHS too risk averse
- Remove Innovation & Business Enterprise
- Relax business rules
- Emphasis on patient benefit

How can we continue to support the NIA Fellows in the virtual world

Consider dedicated forums?



# **NHS Innovation Accelerator**



## East of England Citizens' Senate

- ➤ Robust multi-stage assessment process
- ➤ Over 100 patient, commercial & clinical assessors
- ➤ The Panel Patient groups, NHSE/I, AHSNs, NICE, AMRC, HF

How can we continue to support the NIA Fellows in the virtual world

Consider dedicated forums?



# NIA Theme 1 – COVID-19



#### East of England Citizens' Senate

#### NHS Innovation Accelerator 2021 Intake Call | Theme 1: The NHS Response to Covid-19

## **Key Facts**

4.2 million people were on NHS waiting lists before Covid-191

51% of NHS critical care beds were occupied by Covid-19 patients at the peak of the virus

Diabetes was mentioned on 21% of death certificates where Covid-19 was also mentioned

5% of Black and Minority Ethnic people with Covid-19 were hospitalised (compared with 1% of people recorded as white)

9 in 10 Trusts reported having increased capacity for remote services since the initial lockdown period began



# NIA Theme 2 – Mental Health





The UK could expect **500,000 additional people** experiencing mental health problems as a result of Covid-19

**20% of survivors of intensive care** routinely experience **PTSD** 

**Health and care workers** and other frontline workers **are at greater risk** of developing mental health problems as a result of Covid-19

People with diabetes are 2-3 times more likely to experience depression than the general population

**62% of the population had felt anxious or worried** about the pandemic

1 in 4 adults in the UK have felt lonely during lockdown

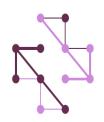
1 in 5 people drunk more alcohol to cope with stress during lockdown

**45%** of students worried about their **existing mental health problems worsening** during the pandemic

**83% of young people** reported that their mental health had deteriorated during lockdown



## NIA Theme 3 - Workforce



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## **Key Facts**

Nearly 2 in 5 staff reported feeling unwell due to work related stress in the 2018 NHS Staff Survey

NHS requires an **additional 5,000 internationally recruited nurses per year** to prevent current staffing shortages getting worse

9% NHS posts are unfilled nationwide with 100,000 vacancies across England

**Black and minority ethnic staff reported a higher level of harassment, bullying or abuse** from patients, relatives or the public in 61.4% NHS trusts, compared to white staff

Black and minority ethnic NHS employees are 15% less likely to access non-mandatory training compared to their white colleagues



## NIA 2021 Fellows







Jack Pottle
Oxford Medical Simulation

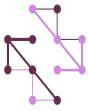
Oxford Medical Simulation provide clinical experiences on demand.

Using virtual reality headsets or on a screen, doctors and nurses can practice caring for virtual patients whenever they need to





## **NIA 2021 Fellows**





Charlotte Wood
Oxehealth

Oxevision is a contact-free vision-based patient monitoring platform for use in hospitals.

It gives ward teams the early warning signs and risk factors they require to plan patient care and proactively intervene to help their patients.

It uses a secure contact-free optical sensor to monitor pulse rate, breathing rate and activity of an individual in a room - serving up warnings, alerts, reports and observations to clinicians at the right time.



## **NIA 2021 Fellows**







Wendy Powel MUTU System

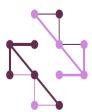
Clinically proven pre & postnatal fitness

MUTU System is an evidence-based online programme for mums to gain confidence and control in how their body works and feels after childbirth.

MUTU is proven to improve Mental Health, function, selfconfidence and happiness.











Luke Squibb Operations Director



# **Engaging with the system**





## **NHS** reforms - aims

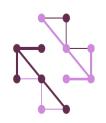
- better health and wellbeing
- better quality of health services
- sustainable use of NHS resources

There will be **statutory integrated care systems**, comprising:

- An ICS Health and Care Partnership, bringing together the NHS, local government and wider partners.
- An ICS NHS Body



# **Engaging with the system**



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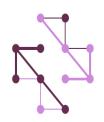
# What does this mean for the CCG merger?

If the legislation is approved, then CCGs will be replaced by a new ICS NHS organisation by April 2022.

The CCG merger process is likely to be replaced by the process to form an ICS NHS body.



# **Engaging with the system**



## East of England Citizens' Senate

## Timeline:

**Nov 2020:** Integrating care: Next steps to building strong and effective integrated care

systems

**Dec 2020:** Emergence of Health Care Partnerships

Feb 2021: White Paper published

**Summer 2021:** To be brought before parliament

**Summer 2021 onwards:** Subject to further guidance, NHS England will put a process in place in the coming months, to enable the establishment of a new Integrated Care System (ICS) NHS organisation in by April 2022

It is expected that the reforms will begin to be implemented in 2022 with the new NHS ICS body forming by April 2022.