

Citizens' Senate meeting no 38

23rd August 2022, 11.00am - 12.30pm

Zoom meeting

Meeting Notes

ATTENDEES

Godwin Daudu, Kevin Minier, Paul Osman, Rodney Earp, Trevor Fernandes, Ana Dragomir, David Huxter, Norma Huxter, Claire Uwins.

APOLOGIES

Mary Newton, Kevin James, Colin Stodel, Lindsey Cook, Jeremy Dearling, Ann Nutt, Suzanne Meenan, James Woolnough, Michele Stewart. Nat Barden, Roy Johnston, Michael Brown, Gill Orves, Damaris Japhet, Ann Nunn, Fiona Carey, Sarah Rae. Jenny Rivett, Wendy Menon, David Lee, Michael Golding, Vicky Carr.

WELCOME AND INTRODUCTIONS

- The purpose of the CS was shared. Everything we do fits within the context of our aims and purpose. Our representation is consistent with the NHS Long Term Plan, Eastern AHSN's national mandates, research, and innovation.
- Members' introduced themselves for the benefit of our speaker and the newer members. The information shared was inspiring and extensive regarding the variety and complexity of involvement.

Action: It was agreed that there was not any need for a scheduled break and that everybody is encouraged to take a comfort break whenever they need it.

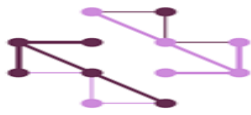
MEETING NOTES AND ACTIONS

Action: KM to provide a CS Member Profile Template for all to provide updated profiles to contact@eoecitizenssenate.org

There are a number of members who do not have initial or updated profiles. The profiles enable our prospective clients to see the lived experience and depth of involvement expertise of the CS membership.

Action: All members to provide updates on CS relevant involvement and activities by contacting contact@eoecitizenssenate.org

The member introductions at the start of the meeting demonstrated the extent of involvement being conducted and the need to have this recorded and shared.



There is a need to track CS involvement: involvement requests received, member interest and applications, member involvement, member satisfaction and outcomes achieved.

Action: KM to meet with Kevin James to discuss how to raise the profile of strategic mental health involvement requests through the CS.

Action: Future CS Meeting to revisit PIFU and its implementation and achieved outcomes.

TF to provide an update at the October 2022 CS Meeting.

Action: KM to connect with David Huxter regarding Primary Care Networks/GPs and their requirement for Shared Decision-Making.

DH attended his surgery patient participation group meeting, the first for some time, he hopes that Shared Decision making will be discussed at the next PPG meeting.

Action: GD to arrange a Zoom meeting with Claire Uwins and Kevin James and other members with interest in Health Equity and Mental Health.

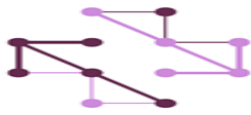
Action: KM to progress CS partnership with East of England Healthwatch and local Healthwatch to inform CS of the Healthwatch involvement with the Integrated Care Systems.

KM will be informing the East of England Healthwatch Forum the CS offering at their next Forum on Thursday 25th August 2022.

Action: KM/GD to investigate including on the CS Agenda the Directed Enhanced Service - the new contracts for doctors – access to personalised services, good customer service & communication skills, equality & diversity.

Action: Sharon Rodie agreed to return to share progress of the Suffolk and North East Essex (SNEE) Integrated Care System Integrated Care Strategy with the CS.

Action: KM to arrange co-production meetings with each of the Integrated Care Systems to support implementation, evaluation and consistency of co-production across the Region.



GD/KM had an initial meeting with senior staff regarding co-production and consistency of patient and public involvement across the East of England. We had representation from health, local authorities and health providers from Mid and South Essex (MSE) Integrated Care Board, Hertfordshire and West Essex (HWE) Integrated Care Board, North and Suffolk and North East Essex Integrated Care System.

The Meeting Notes for the meeting on 21st June 2022 were accepted and are now accessible from 'Citizens' Senate Meeting no 37' in the Previous Meetings Section of the Citizens' Senate Website with the Agenda and Slides for the meeting:

<https://www.eocitizenssenate.org/previous-meeting-minutes>

The Agenda, Slides and Meeting Notes for this meeting will be accessible from 'Citizens' Senate Meeting no 38' in the Previous Meetings Section of the Citizens' Senate Website:

<https://www.eocitizenssenate.org/previous-meeting-minutes>

CITIZENS' SENATE UPDATE

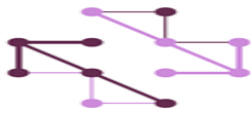
- KM shared the proposal for the Citizen' Senate Theme for 2022/23 on access to health and social care services considering health equity and the social determinants of health, data analytics (evidence) and workforce.
- KM emphasised the need to focus CS activity on Patient/Carer (CS Member) Involvement in strategic partnerships to be involved in priority setting and strategic coproduction to provide the patient/carers perspective and training in co-production principles.
- KM shared about the recent connection with Thriving Communities East of England part of the National Academy for Social Prescribing
<https://socialprescribingacademy.org.uk/thriving-communities/east-of-england/>
- KM shared the desire to increase accessibility of the CS to support increasing the membership and to share this with its network. The CS, along with the Integrated Care Systems, Healthwatch and other PPI Forums covers health and social care and
- KM updated on the work being done to obtain member's profile information. The website search engine is now more effective at being able to select Cs Members with specific experience/criteria to support external parties to have confidence of the diversity of lived experience of members.

Action: KM/GD to progress the 2022/23 theme, the engagement of strategic community partners and to access strategic co-production involvement requests.

WINTER PRESSURES

A vibrant discussion was had regarding the expected pressures on health and social care systems and the dangers of the predicted increases in fuel prices and the cost of living.

The contributions covered a very wide and varied topics including what has been done



and worked well and not so well and suggestion on how to link together existing initiatives.

Action: KM/GD together with the CS members to create a recommendation to the health and social care authorities regarding the care of the citizens of the East of England during Winter 2022/2023 and beyond.

AOB

The new Integrated Care Board Structure

Trevor Fernandes described the new legal structure of the Integrated Care Boards which preplace the Clinical Commissioning Groups.

Be Part of Research New Volunteer Service

In the UK, over 1.4 million participants took part in health and care research in 2021/22. These people make health and care breakthroughs possible. They help us discover new and better ways to cure and care.

The new Be Part of Research Volunteer Service is being launched to make it easier for people to take part in a wide range of studies. You may be able to take part from home, at your GP practice or at a local hospital, both in person and virtually.

https://bepartofresearch.nihr.ac.uk/volunteer-service/?utm_source=vrr-newsletter-july

Thriving Communities – Unleashing the Power of Social Prescribing (National Association for Social Prescribing)

Thriving Communities is a new national support programme for voluntary, community, faith and social enterprise groups, supporting communities impacted by COVID19 in England, working alongside social prescribing link workers.

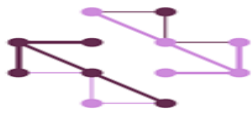
Thriving Communities will help you to share your learning, gain new ideas, access funding and develop partnerships across sectors.

<https://socialprescribingacademy.org.uk/thriving-communities/>

British Thyroid Foundation

The only UK thyroid patient organisation that helps to fund research into all forms of thyroid disease. Since 1991, the charity has been providing resources to help people across the UK better understand and manage their thyroid condition. They are here for anyone who wants to know the facts about thyroid disease and they believe that all people should have access to appropriate treatment and care for thyroid disorders.

<https://www.btf-thyroid.org/>



Face to Face Meetings

A request was raised to consider face-to-face meetings. KM shared that finances are limited and probably would not cover all meetings being held face-to-face. The optimum location was discussed with options of a central location or the venue moving around the region. It was agreed that it would be good to meet other members face-to-face.

Action: KM to investigate the options for having Face-to-Face meetings and survey the membership.

NEXT MEETING Tuesday 12th October 2022 11am-12:30pm